

# Reddit Community on Our Wave

Nov 20, 2019 - Nov 27, 2019

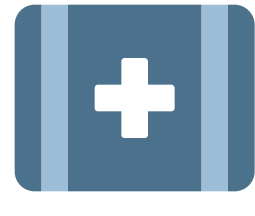
Our Wave is a platform for survivors of sexual violence to safely and anonymously share stories. On November 20th we posted about our platform in the subreddits below. This is the impact of Reddit within our survivor community.

## Stories



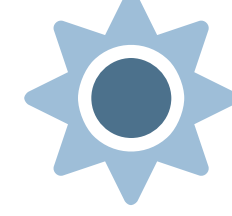
**9**

Stories Submitted



**4**

Healing Messages



**5**

Hopeful Messages

## Messages to Survivors

"Healing means accepting what has happened to you. It means reclaiming what was taken from you. It means continuing to grow as a person day-by-day. It means treating others with respect, love, and kindness."

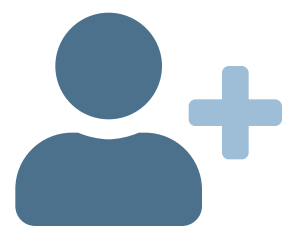
"Although I carry this weight on me, and I'm still struggling with my PTSD symptoms, I feel okay. I feel safe. I'm finishing school, I have my own place, and I'm raising 2 little boys. I am making progress in my healing process. I will not allow what they did to me to hold me down, I will achieve the things I want in life. I will keep moving forward. I will heal one day."

"No matter how hard it gets, you are not alone. Do not think for a second that the world would be better off without you; that you'll never be able to heal. It takes time, and sometimes you never fully heal from your traumas, but it's worth it to take it step-by-step and work hard to regain what was taken from you. You are not broken; you are not disgusting or unworthy; you are not unlovable; you are wonderful, strong, and are worthy."

## Engaged Subreddits

r/rapecounseling  
r/traumatoolbox  
r/afterthesilence  
r/secondary\_survivors  
r/survivorsofabuse  
r/twoxchromosomes

## Users



**232**

New Users



**51**

Reactions



**316**

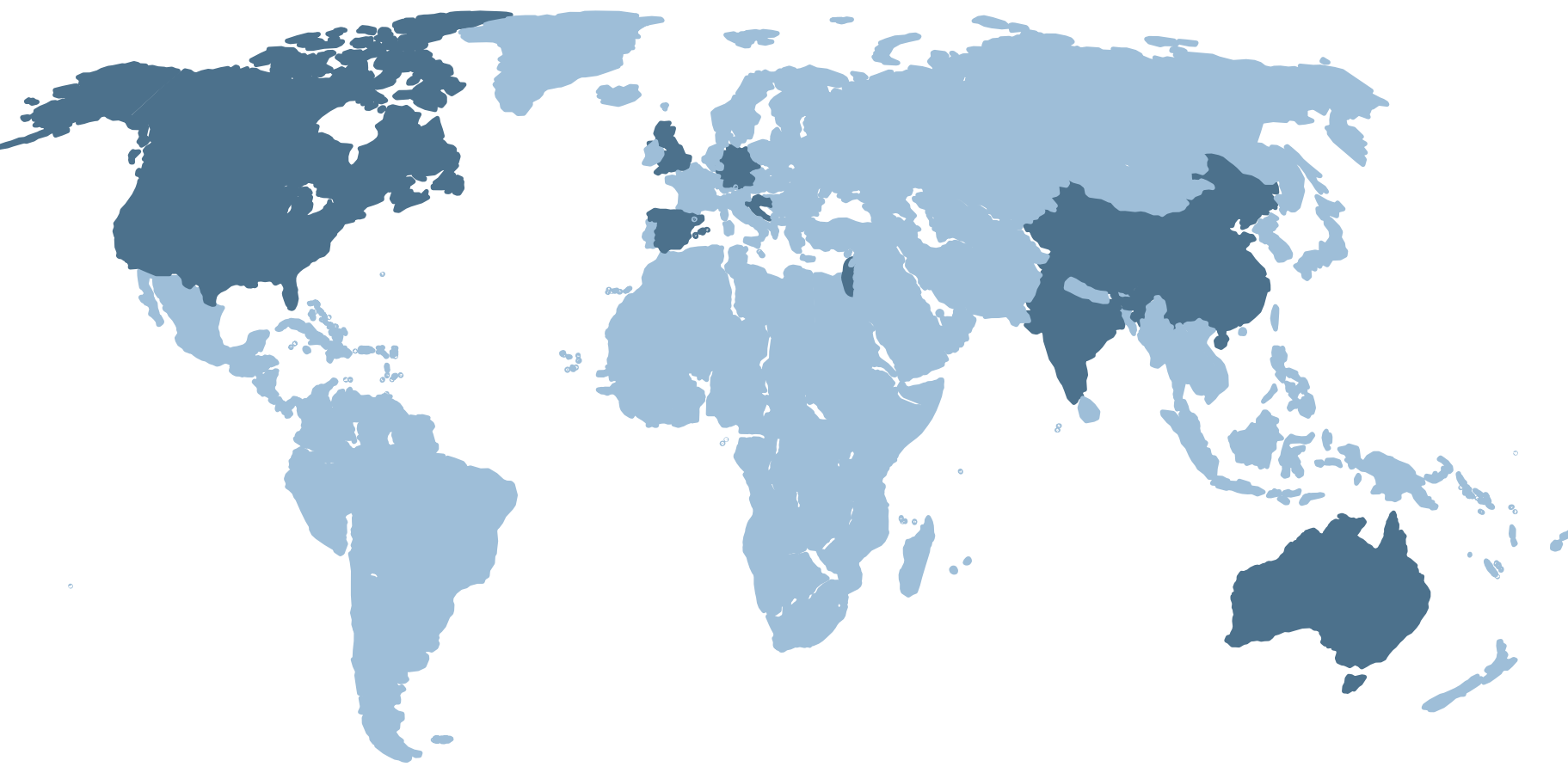
Sessions



**916**

Views

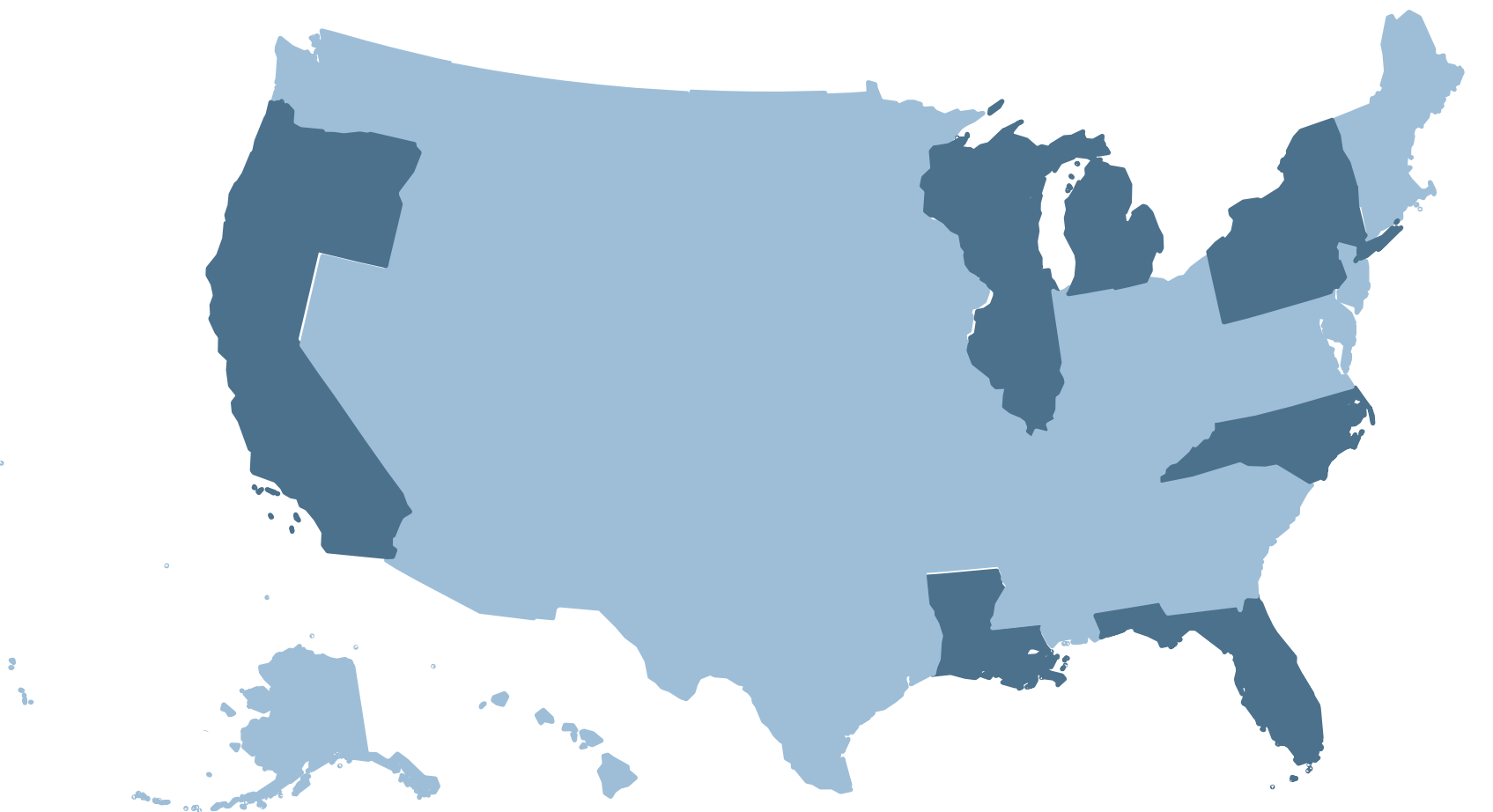
## World-Wide Reach



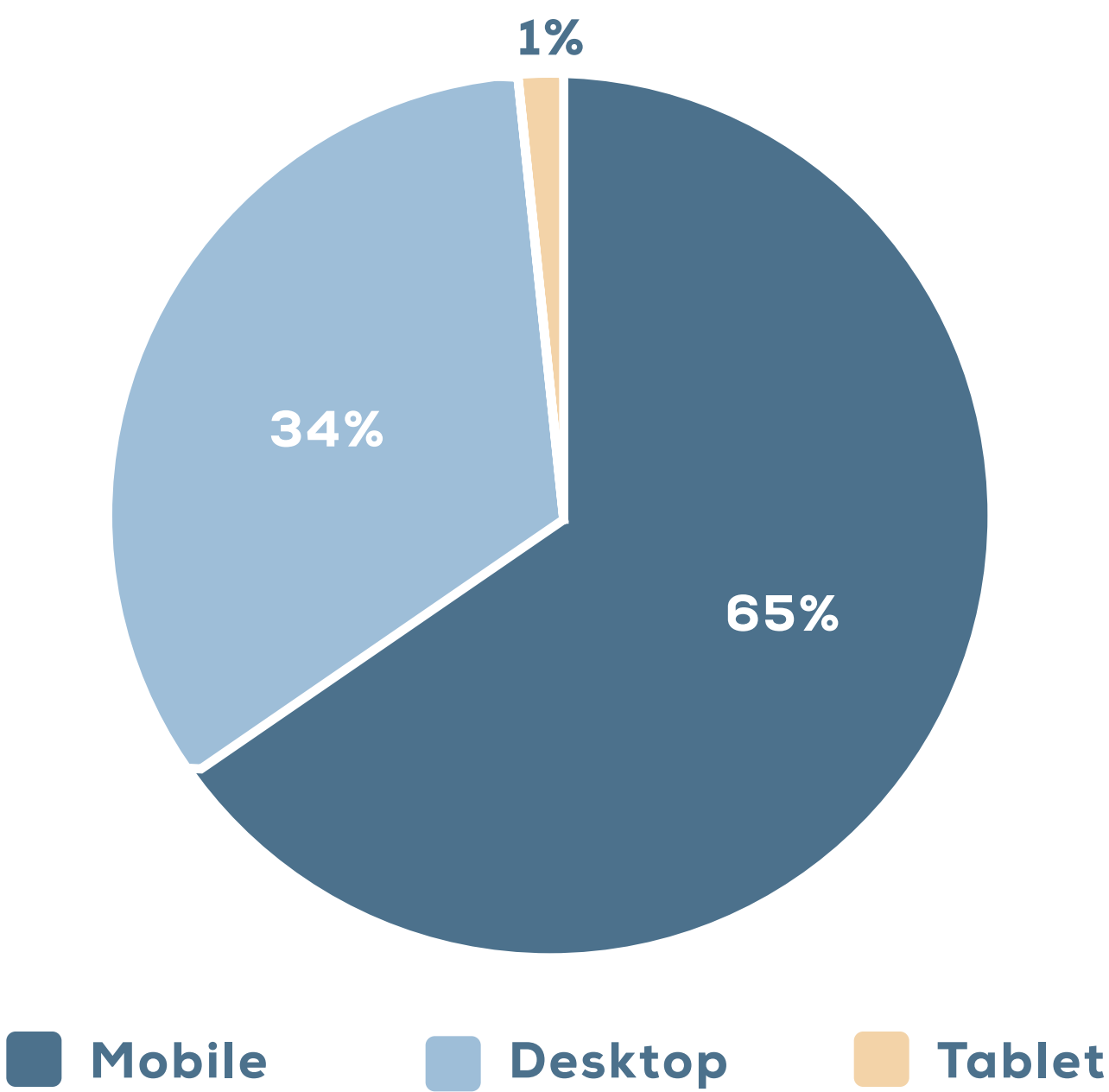
|                   |     |
|-------------------|-----|
| 1. United States  | 156 |
| 2. China          | 33  |
| 3. Canada         | 15  |
| 4. United Kingdom | 13  |
| 5. Germany        | 6   |
| 6. Australia      | 4   |
| 7. Spain          | 2   |
| 8. Croatia        | 2   |
| 9. Israel         | 2   |
| 10. India         | 2   |

## Local Reach

|                   |    |
|-------------------|----|
| 1. Pennsylvania   | 19 |
| 2. North Carolina | 18 |
| 3. California     | 16 |
| 4. Illinois       | 12 |
| 5. New York       | 8  |
| 6. Louisiana      | 7  |
| 7. Wisconsin      | 6  |
| 8. Florida        | 5  |
| 9. Michigan       | 5  |
| 10. Oregon        | 5  |



## Devices



## Reactions



## Want to Learn More?

Learn more at [ourwave.org](http://ourwave.org)

## Follow Us



ourwavestories



@ourwavestories



ourwavestories



ourwave