

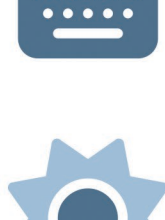
2023 Our Wave Impact Report

Jan 1, 2023 – Dec 31 2023

Our Wave is a platform for survivors of sexual violence to safely and anonymously share their stories. We launched the site in 2019 with the aim of releasing periodic reports outlining trends from the anonymous stories that we received. Through these reports we hope to raise awareness to the frequency of sexual violence and promote healing. Here are some of the data points from our community in 2023.

↗ Indicates the percent increase from the previous year.

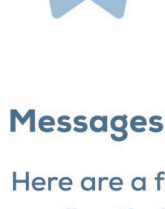
Stories



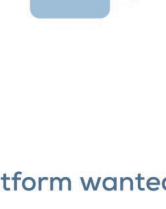
350
Stories Submitted
↗ 70%



29
Artworks Submitted
↗ 860%



189
Messages of Hope
↗ 105%



208
Messages of Healing
↗ 98%

Messages to Survivors

Here are a few of the hopeful messages survivors on our platform wanted to share with other survivors who are reading their stories.

"One day, you will find the courage to talk to someone about what happened to you. One day you will find someone you trust can listen. One day you will love yourself and accept that you are worthy of getting better."

"I made it. I am still furthering my education. I am still having fun. I still have my friends. I still like to read and make candles and smoke weed and drink and dance and play soccer and party. I am still the same person I was. I am still me."

"Don't give up and keep pushing forward. It might feel like there is no hope but I promise there are blue skies and green grass on the other side of the hill."

Users



69.3K
Community Members
↗ 140%



42.6K
New Community Members
↗ 138%



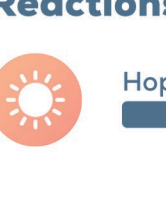
129.5K
Views
↗ 90%



2.23K
Grounding Exercises Started
↗ 50%

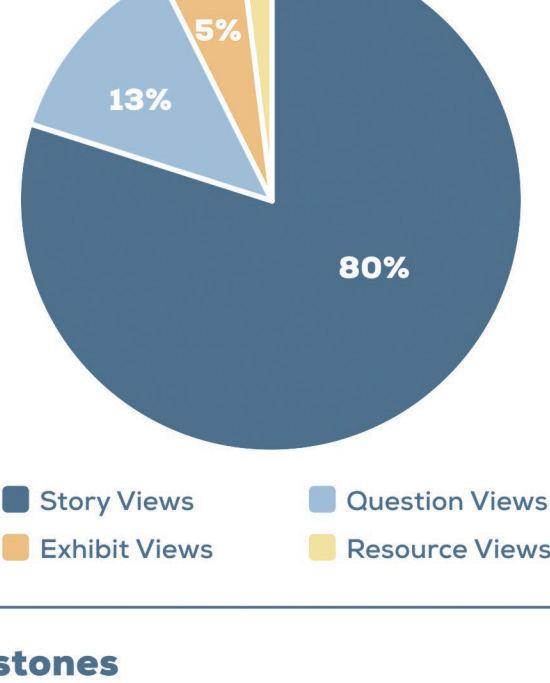


1.69K
Reactions
↗ 69%



2.67K
Milestones Achieved
↗ 55%

Views

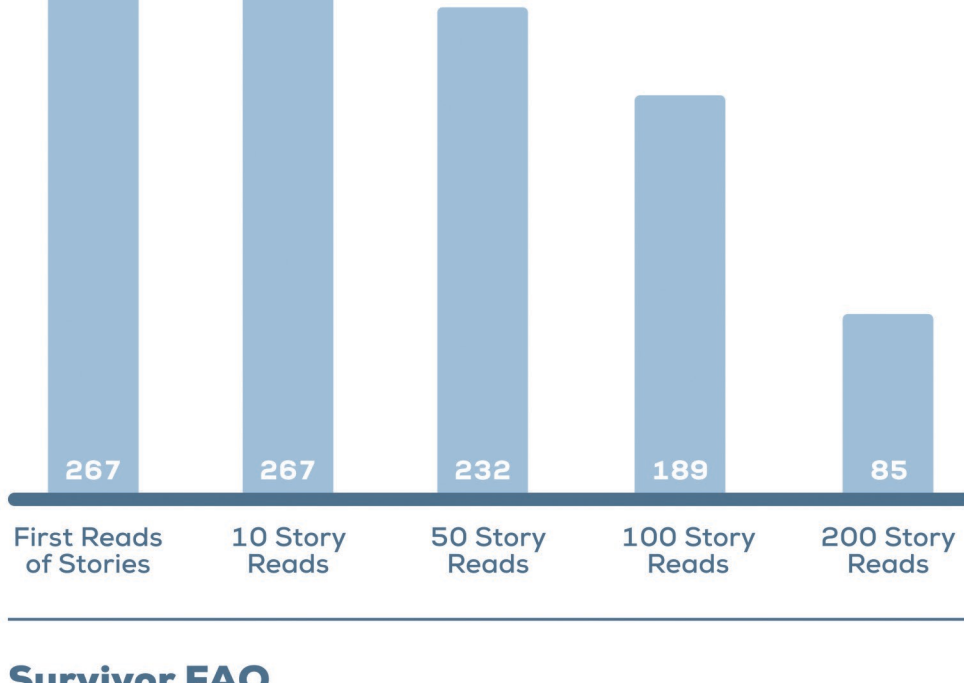


Reactions

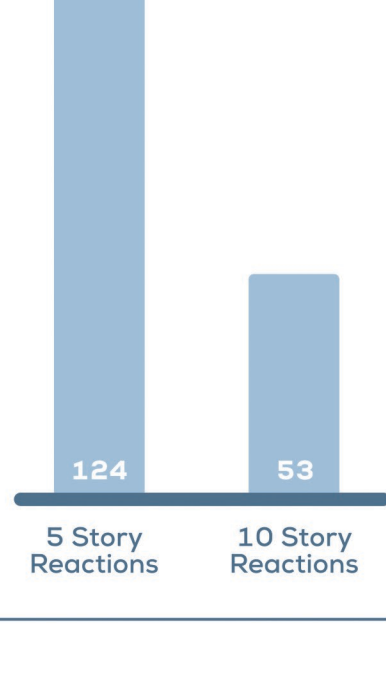


Milestones

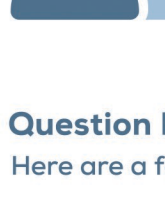
Story Reads



Reactions



Survivor FAQ



23
Survivor Questions Answered

Question Highlights

Here are a few of the questions asked on our platform that survivors wanted to know an answer to.

Q: What are ways families can encourage their loved ones to report gender-based violence?

A: Supporting loved ones who experienced gender-based violence is hard. Violence can cause ripple effects within families and communities. Make sure you are also receiving the support you need from those around you as you make sense of what happened to your loved one. Take care of yourself so that you can emotionally "show up" for the loved one healing in your life.

Q: What should I do if I was fired or retaliated against in my workplace for publicly disclosing the abuse I experienced?

A: We are truly sorry to hear about the difficult situation you're facing. It's crucial to know that you're not alone, and there are steps you can take to address this injustice.

You also want to maintain a thorough record of any documentation related to the abuse disclosure and subsequent retaliation, as this will be crucial in building a strong case. This may include emails, memos, or any other relevant communications. Additionally, maintaining a journal that outlines the sequence of events can provide a comprehensive overview of the unjust treatment you have experienced. Comprehensive documentation not only strengthens your case but also can provide a sense of validation during this challenging period.

Resources

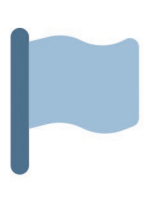


132.6K
Resources Clicked
↗ 2,900%

Most Engaged Resources



Reach

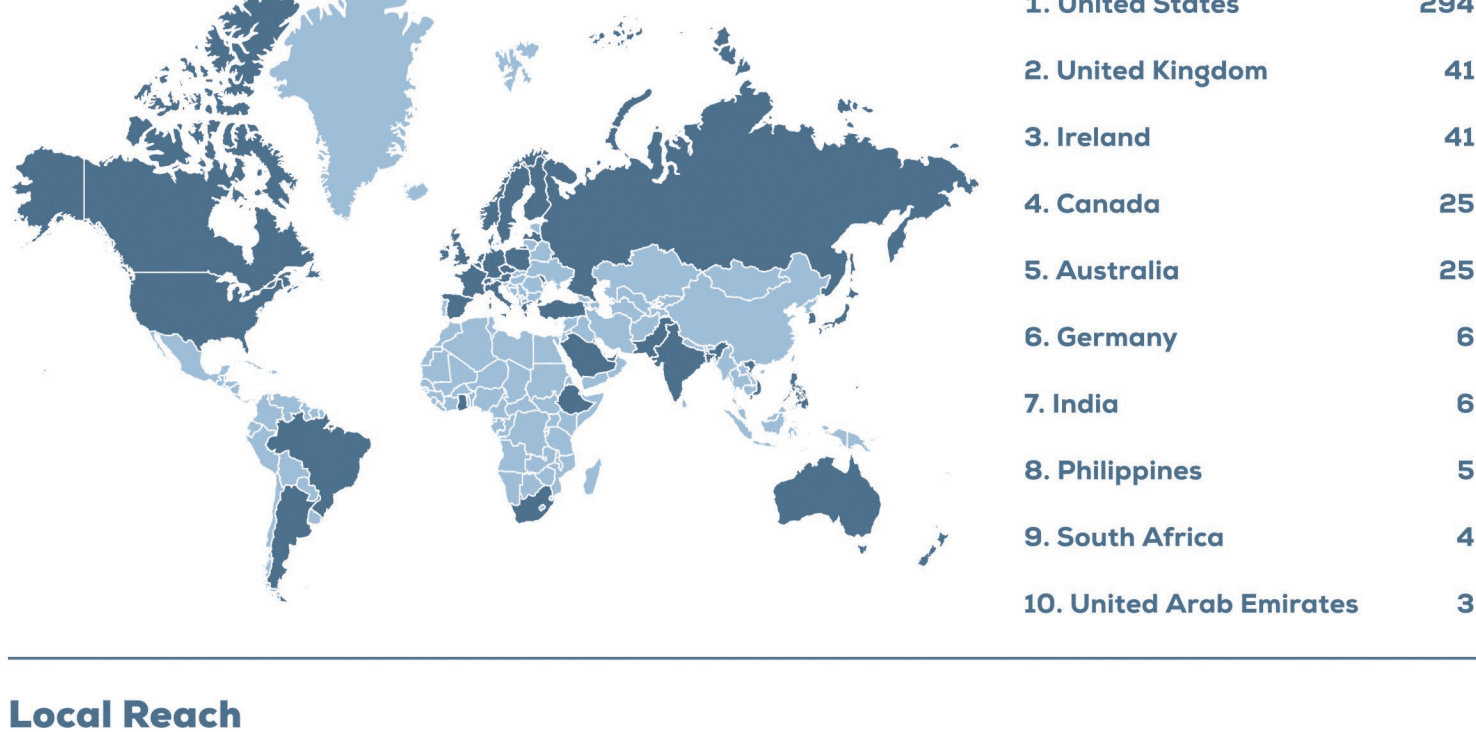


45
States and Territories Reached
↗ 7%



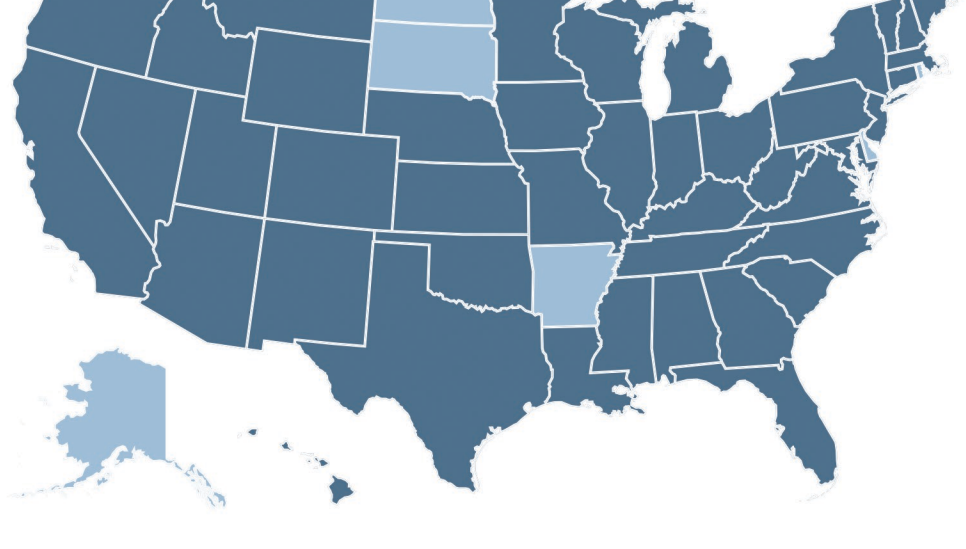
42
Countries Reached
↗ 40%

World-Wide Reach



Local Reach

1. California	37
2. Florida	26
3. Pennsylvania	21
4. Texas	18
5. New York	16
6. Ohio	14
7. New Jersey	13
8. Illinois	12
9. Washington	10
10. Massachusetts	9



Tags

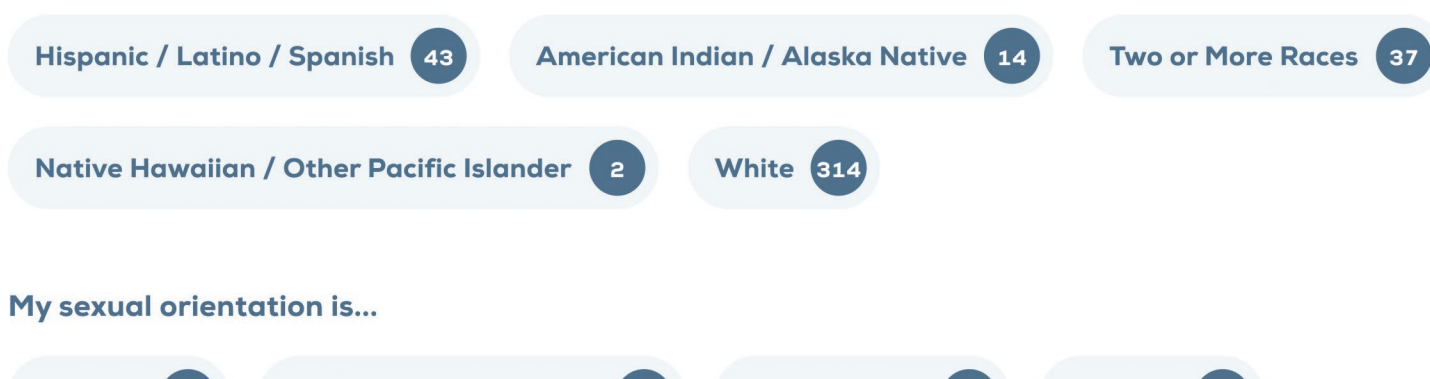
I was...



The person who harmed me was a...



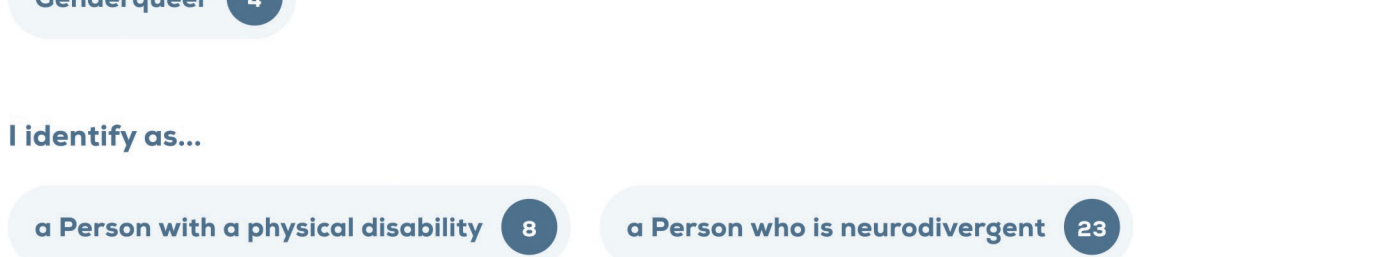
I identify as...



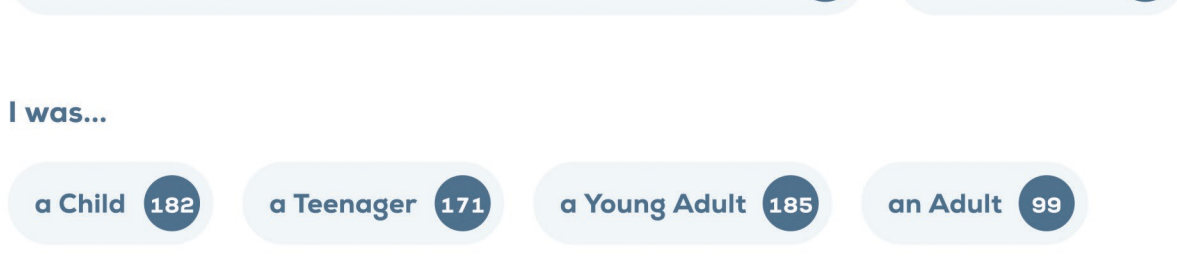
My sexual orientation is...



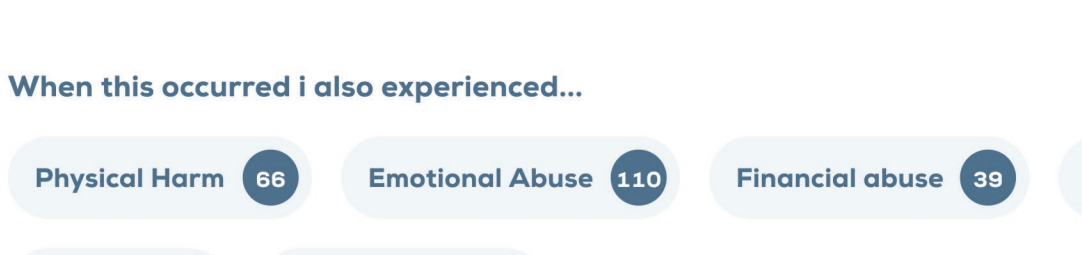
I identify as...



I identify as...



I was...



When this occurred i also experienced...



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