

# 2022 Our Wave Impact Report

Jan 1, 2022 - Dec 31 2022

Our Wave is a platform for survivors of sexual violence to safely and anonymously share their stories. We launched the site in 2019 with the aim of releasing periodic reports outlining trends from the anonymous stories that we received. Through these reports we hope to raise awareness to the frequency of sexual violence and promote healing. Here are some of the data points from our community in 2022.

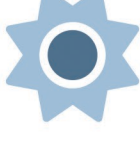
## Stories



**205**  
Stories Submitted



**3**  
Artworks Submitted



**92**  
Messages of Hope



**105**  
Messages of Healing

## Messages to Survivors

Here are a few of the hopeful messages survivors on our platform wanted to share with other survivors who are reading their stories.

"You are not your story. Yes, this happened to you, but you are so much more. You are strong. You are brave. You are a survivor."

"i haven't even started my own journey yet. if I were to give advice, it would be to be patient with yourself and don't push yourself to admit things that you're not ready to. it took me many months of talking it thru with my therapist and ongoing discussions to even utter the words "abuse". and even longer to fathom that I had been thru sexual trauma."

"I honestly don't know if the pain ever goes away. And that's scary and not what you want to hear but it gets better. And hearing other people's stories always make me feel stronger. Even if this pain is always there, it does not define you. You will get through it."

## Users



**28.7K**  
Community Members



**+ 17.9K**  
New Community Members



**68.2K**  
Views



**1.49K**  
Grounding Exercises Started

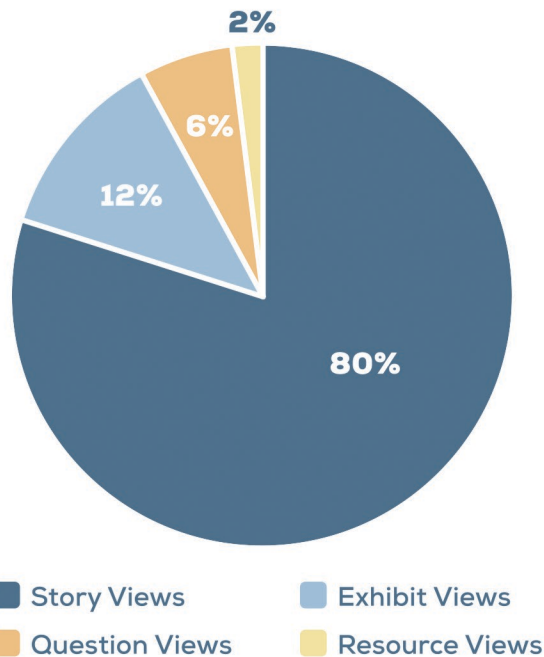


**1K**  
Reactions

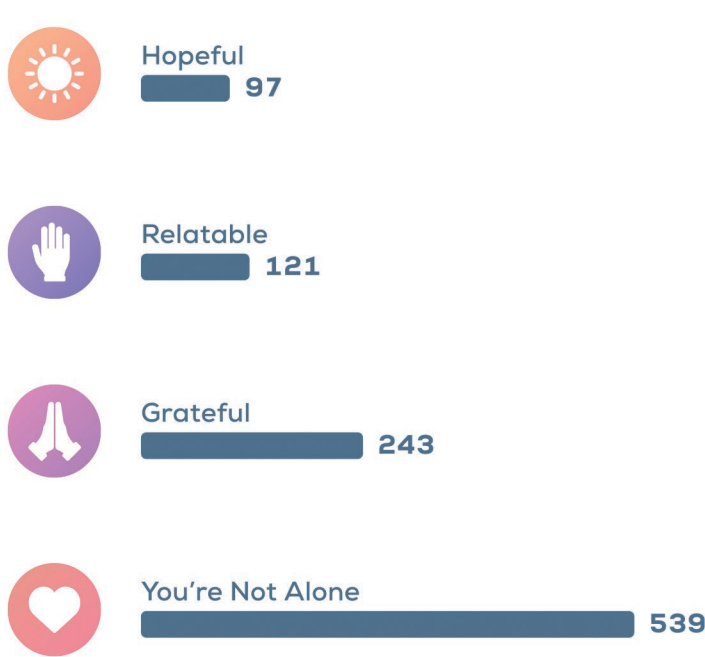


**1.72K**  
Milestones Acheived

## Views

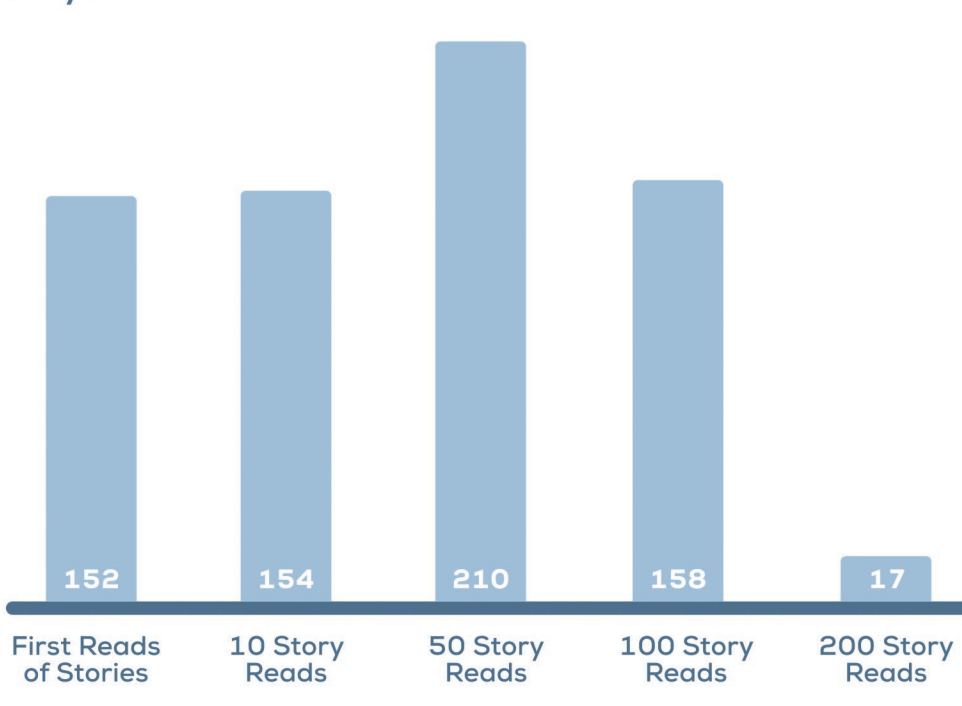


## Reactions

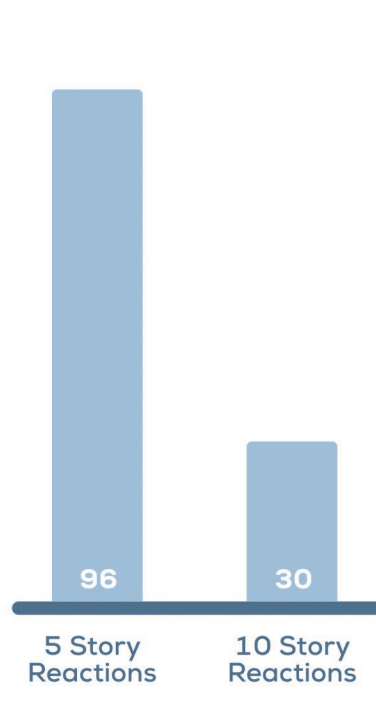


## Milestones

### Story Reads



### Reactions



## Reach

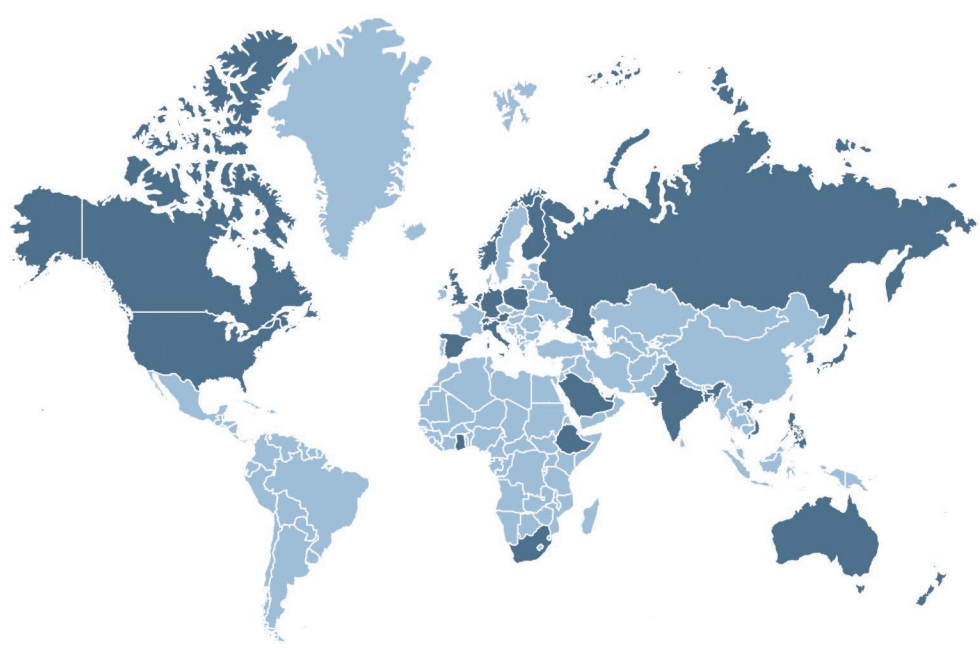


**42**  
States and Territories Reached



**30**  
Countries Reached

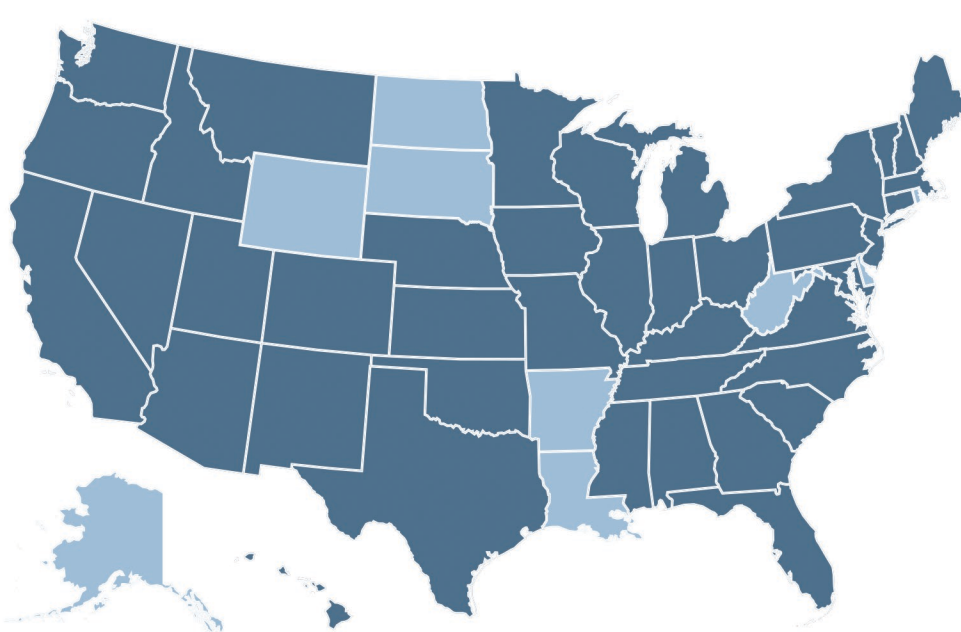
## World-Wide Reach



1. United States	212
2. United Kingdom	17
3. Australia	15
4. Canada	15
5. Philippines	4
6. Austria	4
7. India	3
8. Bangladesh	3
9. South Africa	3
10. United Arab Emirates	2

## Local Reach

1. California	17
2. Pennsylvania	16
3. Florida	12
4. New York	10
5. Ohio	9
6. Texas	9
7. New Jersey	8
8. Illinois	7
9. Indiana	6
10. Maryland	6

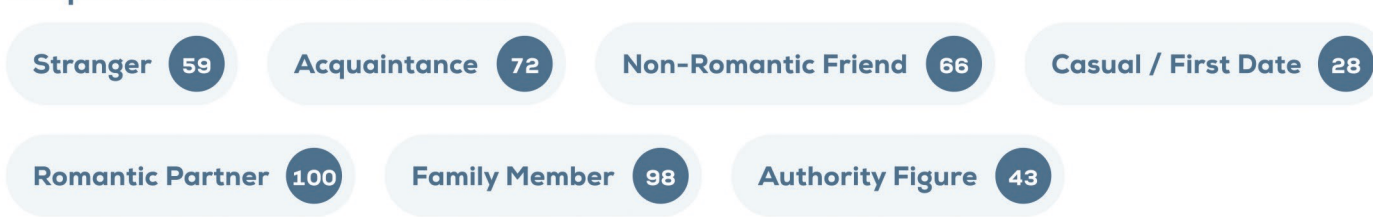


## Tags

### I was at...



### The person who harmed me was a...



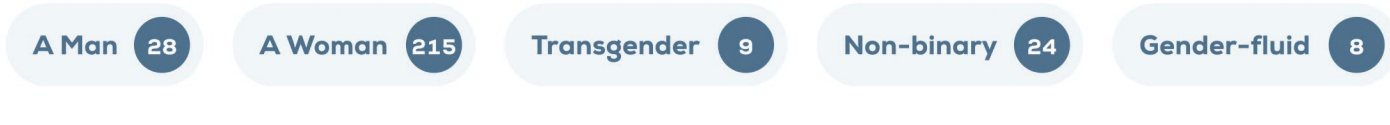
### I identify as...



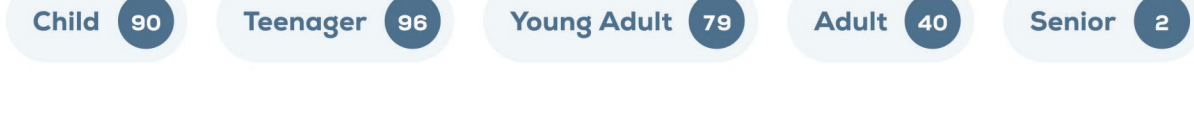
### My sexual orientation is...



### I identify as...



### I was a(n)...



## Want to Learn More?

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